



# THE HUMAN VALUE

## SIDE A

- 01 PLEASANT TOWN 3:35
- 02 PRETTY MOUTH 2:20
- 03 NO SACRIFICE 2:54
- 04 I DON'T CARE 5:36
- 05 COMPLICATIONS NO. 2 5:42
- 06 HOLD OF ME 2:51

## SIDE B

- 01 SPITE 2:59
- 02 ALIBI 4:13
- 03 PARTS 2:55
- 04 NOTHING 3:25
- 05 HOME IS NOT REAL 3:22
- 06 DEEP BLUE 3:24
- 07 PUSH AND PULL 3:40

**Tabi** — vocals, keyboard, percussion, piano  
**Hiram Fletch** — guitar, bass, keyboard, percussion, vocals

**With guests:**  
**John Lacques** — drums tracks 7, 8, 9, 10-12  
**James Hadley** — drums tracks 3, 5, 9, 11 plus additional percussion  
**Jessiah Mazzocchi** — additional keyboards, percussion, slide guitar track 9  
**Tim Bofish** — live drums

Special thank you to Lynzee Hitchcock for being a part of The Human Value family.

Produced by The Human Value with Jessiah Mazzocchi  
 Recorded at Kingsize Studios, Los Angeles, CA by Jessiah Mazzocchi  
 Additional Piano Recording at The Shop courtesy of Aaron Espinoza  
 Mixed by David Sumfitt at La Citeaux, Silver Lake, CA  
 Mastered by Mark Chalacki at Capital Mastering, Hollywood, CA

Art direction by The Human Value  
 Cover art by Kati Dougherty  
 Design production by Jodi Cohen

Project Liaison — Layla Ross

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thehumanvalue.com  
 myspace.com/thehumanvalue



# PUSH AND PULL

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